

## Our Mission Statement

*To promote interaction  
within the membership, and  
strengthen bonds of friendship  
– while providing  
entertainment and  
recreational activities  
for Club members and  
within the community.*

## Governance

At the Annual General Meeting in June each year, a new Board of Directors is elected by the Membership for our Non-Profit Corporation.

Everyone is a Volunteer.

**When you are over 50  
(or a partner of a Member) :  
join our Active Club, get or  
stay involved, and  
expand your horizons !**



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(Heritage Centre)

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# ALBERTA BEACH and DISTRICT ACTIVE 50+ CLUB



## ON-GOING ACTIVITIES

### Fitness / Aerobics

Monday, Wednesday and Friday  
9:00 am – 10:00 am (all year)

### Walking

Monday and Wednesday  
10:00 am - 11:00 am

### Yoga

Thursday morning (fall & winter)  
times vary each year

### Bridge

Wednesday (all year)  
1:00 pm – 4:00 pm

### Quilters

Tuesday 9am – 3pm (summer)

### Darts / cribbage / pool

Monday night (fall & winter)  
7:00 pm – 9:00 pm

## Supporting Community

- \* Sno-Mo Days spaghetti dinner (Feb)
- \* Poly Days breakfasts (July)
- \* Show & Shine car show (Aug)



## SOME OF OUR EVENTS

St. Patrick's Day  
Dine & Dance

Wine/Liquor Tastings

Fashion Shows

Work Shops

Hamburger Nights

Life Members Luncheon

October Fest

Christmas Market & Party



*Membership is open to all 50 years and older, or any age for whose partner is a Member.*

### MEMBER BENEFITS

- Reduced ticket costs
- Hall rental at reduced rate
- Equipped outdoor exercise area
- Advance notice by e-mail
- Club Newsletters by e-mail
- Fun participation with club and community members

### ANNUAL FEES

(calendar year)

**\$15.00 for a single**

**\$25.00 per couple**

The Heritage Centre (Hall) is located in the heart of Alberta Beach, and is also available for rentals (weddings, dances, receptions, birthdays etc).

The Hall is air-conditioned, seats 100, has a bar, commercial kitchen, dance floor, and is wheelchair accessible.

*(For Bookings : leave a Voice Message at the Hall phone line)*