

Monthly Newsletter

ALBERTA BEACH & DISTRICT 50+ CLUB



High Tea Event Serves 26 Honorary Members

OUR HONORARY MEMBERS are such a valued part of our almost 50 year old club. Just a small snapshot of what they've contributed, both before and after becoming Life Members:

- served as board members
- worked casinos
- donated outdoor benches
- introduced our beloved Horseracing game
- worked umpteen ticket and 50/50 sales
- built our table trollies
- unclogged eavestroughs and toilettes
- mixed & grilled pancakes and assisted in many catering events
- maintained landscaping and indoor equipment
- introduced yoga, aerobics, bridge, and darts to the club

These members are integral to our foundation and our future. They ran events, raised money, shared their joy, and left us with a great hall and legacy for many events to come.

Thank you!

VENDORS WANTED

Our Christmas Market will be December 7, 2025.

We have 25 tables...\$20 for members and \$25 for non-members. It runs from 11am-3pm, open at 9am for setup. Lunch, coffee, and snackables will available for purchase. Call Donna to book your table 780-722-0639.

In this newsletter you can expect:

Upcoming Special Events

Regular Activities

Tasty Tips



50+ Club Board

upcoming special events

ALBERTA BEACH & DISTRICT 50+ CLUB

Monday Night Fun Night starts Oct 6

Your opinion matters



Mon. Oct 6th

FALL into your winter happy times with Monday night games like pool, darts, and cards. ALSO THIS NIGHT (October 6th) WE'LL BE COLLECTING YOUR INPUT FOR **NEW YEARS EVE**. Bring your best game face and your great ideas.

Ears to You

will come right to your front door! Locally owned and operated with over 25 years experience in the industry!



Wed. Oct 15th

We've had a great response to the mobile hearing clinic, "Ears To You" will be in our parking lot for a third date, October 15th. Call 780-616-1929 to reserve your 30 minute appointment.

FALL GALA



Sat. Oct 25th, 2025

Let's dance! featuring DJ Chris light meal served Doors open at 6:30pm

7:00pm-11:00pm Joan for tickets 780-975-9693

SAVE THE DATE



Sat. Dec 13th, 2025

Christmas Dinner & Dance

Hosted by DJ Chris

Catch our next newsletter for all the details.



FESTIVE HOLIDAY WORKSHOP

**November 22, 2025
9:30am to 12:30pm**

**HERITAGE HALL
5012 - 49TH AVE, ALBERTA BEACH**



With loads of fresh BC cedar, choose to create either a big and beautiful door wreath or a bushy 3ft porch gnome.

Instruction, all supplies, and a variety of embellishments included.



**\$65 per person.
Cash or E-Transfer upon sign in.**

Thank you for reading!

Regular Activities Resume

All activities have a user fee of \$1.00 for members and \$2.00 for non-members unless otherwise specified.



Game Night
Mondays
7:00pm

Starting October 6th
Come for a game of pool, darts, crib, or just sip a coffee and visit. Call Heather 780-951-6652 for more details.



Aerobics
Mon, Wed, Fri
9:00-10:00am

Year round
Stretch, and tone, get your body moving at your own pace.



Walking
Mon, Wed, Fri
10:00-10:30am

Year round
Join us for an outdoor walk on good days, and indoors on rainy days. Stay for coffee and chit-chat. All levels welcome.



Yoga \$12
Thursdays
9:30-11:00am

Starting September 11th
Improve breathing, flexibility, and strength while keeping within your body's limitations. Drop-ins welcome or call Mary for more details 780-967-5683.



Bridge
Wednesdays
1:00-4:00pm

Year round
All bridge players are welcome. Call Joan 780-924-2186



Choir
Wednesdays
(evening)

Starting September 3rd
The Alberta Beach Choir meets for weekly practice to get ready for winter and spring performances.

Tasty Tips



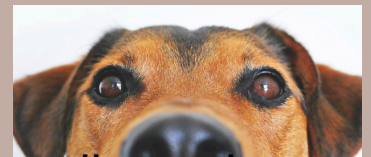
Tomato Jam

Alina B.

- 1 Tbsp Ginger
- 2 lbs Tomato (diced)
- 1 C Onions (chopped)*
- 1/2 tsp Cayenne Pepper
- 1/4 tsp Cinnamon
- 1/8 tsp Cloves
- 1 tsp Salt
- 2 Tbsp Apple Cider Vin.

- Combine all in one pot.
- Boil and simmer until desired thickness.
- Cool and jar/can as desired.
- Enjoy as homestyle ketchup.

*optional



all members are invited to attend our next

GENERAL MEETING

Mon, Oct 27
6:00pm before
Games Night